

# Civic Center Seniors

May 1, 2016

Volume 13 Issue 5

## May ...Another busy month

May brings us a luau, Mother's Day, a lunch trip, The Older Americans Day Picnic, the City Rhythm Big Band's last dance (until fall), a senior trip, our last breakfast (until August), our Pot Luck Lunch, the last day of school, Memorial Day, and the start of the Summer Youth Program. If that is not a busy month, What is?

### Regular Activities

- Senior Breakfast Tuesdays
- Coffee & Tea Fridays
- Digital Camera Club— Tuesdays
- Exercise— Monday, & Thursday
- Pool Sharks Monday— Friday

## Monthly Birthday Party

Our birthday party is back in the correct time slot. We will celebrate our May birthdays on **May 4th at 1:30PM.** Join me and the members with May birthdays for cake, ice cream and fun. With this wild group, I need to have a wild party game. Any ideas?

## Between the Lines Club Meets Again

*Everyone is still enjoying our "Between the Lines" coloring. We will meet twice during the month of May. The dates are* **May 5th and 19th.** *Don't miss the opportunity to come relax and visit with others that like to color. The time* **for our get together is from 1-3 on Thursdays. Plan to come and bring your coloring books or use some of mine.**

## Chair Yoga

While the number of participants has dropped, we are still enjoying Chair Yoga. On **days & Thursdays at 3 PM.** Renee Williams leads us to work on our balance and **toning our muscles. We are all having a good time. No Yoga on May 30th.**

## Senior Trip

The trip of the month will be to the Naval Museum. We will plan to leave the center at **9 AM on Wednesday May 18th.** We will see the sights and then decide if we want to watch the Blue Angels Practice at 11:30 AM. If we watch the practice, it will be 12:30 or after before we can get to PoFolks for lunch. It will be a full day of togetherness and attractions. Plan to go and enjoy the fun and education.

## Planning Committee

The Planning committee will meet **May 10th at 9 AM** to finalize our plans for the summer. Put your thinking caps on and come up with something good. We are open for suggestions.



### Happy Birthday

5/1 Petruła Kreinbrink  
5/18 Bob Kreinbrink  
5/21 Tom Wright  
5/22 Paul Wingard  
5/24 Pat Hawthorn  
5/25 Gary Byrd  
5/25 Don Hartman  
5/25 Donna Kline  
5/31 Ruth Davis  
5/31 Richard Solomon

**Civic Center  
will be closed  
May30th for  
Memorial Day**

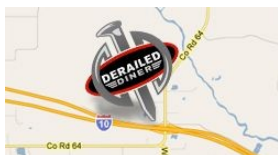
### Monthly Senior Activities

- Birthday Party— First Wednesday
- Lunch Trip— Second Wednesday
- Senior Trip— Third Wednesday
- Pot Luck Lunch— Last Wednesday



## Civic Center Seniors

### Lunch Bunch Trip



The monthly lunch trip will be local. We are heading to “**Derailed**” diner. Let’s support our local busi-

nesses. We’ll leave at **10:30 on May 11th**. We have been once and enjoyed the food and the

fellowship. Sign up to ride the bus or meet us there. Let’s fill up the train car and have lunch.

### Throw-Back-Thursday Games

Come join the fun. You can bring your own game or choose from the ones I have. It is all for fun and

fellowship so come ready to play. I have coffee and snacks so stop by for an afternoon of gaming. This

month games will be held on **May 12 & 26 from 1-3 PM** Usually there is laughter involved.

**GAMES**

### Summer Youth Program

The Civic Center’s Summer Youth Program will be May 31st-July 1st. This is a great place for children to come

to enjoy trips, crafts and games. It offers a meal each day with two snacks. The children have good supervi-

sion and it is a safe place for them to be. Know anyone in need of this type of Program? Let us know.



### Older Americans Day Picnic

The council on Aging will host their annual picnic on **May 12th from 9 AM until Noon**. This is a good time to mingle with other seniors that we don’t see on a regular basis. I will use the bus to take us to the Coliseum in Robertsdale. Sign up for the fun. We can come back to the center and enjoy the rest of the afternoon playing games.

### Pot Luck Lunch

Our Pot Luck Lunch is always a treat for all of us. **May 25 at Noon** I will have lunch with you. Your home cooking is always good. Try something new I don’t mind being a taster. Plan to come.

### Painters

Monday’s is for painting. We enjoy the craft and each other. We meet up from 1-3 and paint up a storm. Come by and see what good work these folks do. Finish that and stay for Chair Yoga afterward.

### Coffee & Tea Again

Coffee and Tea is fun. The weather is pretty but don’t forget us Every **Friday from 9-11AM** is when we are enjoy a cup and conversation. It is always a surprise to see who is here. Come see for yourself.

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### City Rhythm Big Band

Our **City Rhythm Big Band** will have their last monthly dance on **May 14th from 7-10..** These musicians love to play and do a wonderful job. They have become well known in the area and we are proud they call the center home. This will be a treat for you on a Saturday night. The cost of the event is only \$7.00 (what at a deal).

### Summer is here

The Summer Youth Program will be using the building the month of June so we need to use it a lot in May. I have many fun things planned and all I need is for you to participate as much as possible. I look forward to seeing you as much as you can make it here. **Come often and stay long. The Center will be closed May 30th for Memorial Day.**

# May 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Painting 1-3 PM  Yoga 3PM Exercise 4:30PM	3 Breakfast 8 AM Camera Club 9 AM	4 Birthday Party 1:30 	5 "Between the Lines Club" 1-3 PM Yoga 3PM Exercise 4:30PM	6 Coffee & Tea 9-11 AM 	7 Private Use
8 Private Use <b>Happy Mother's Day!</b>	9 Painting 1-3 PM  Yoga 3PM Exercise 4:30PM	10 Breakfast 8 AM Camera Club 9 AM Planning Committee 9 AM	11 Lunch Bunch Trip 10:30 AM	12 COA Picnic 9-Noon Game Day 1-3 PM Yoga 3PM Exercise 4:30PM	13 Coffee & Tea 9-11AM 	14 City Rhythm Big Band Dance 7-10 PM
15	16 Painting 1-3 PM  Yoga 3PM Exercise 4:30PM	17 Breakfast 8 AM Camerall Club 9 AM	18 Senior Trip 9 AM	19 "Between the Lines Club" 1-3 PM Yoga 3PM Exercise 4:30PM <b>Red Hats</b>	20 Coffee & Tea 9-11AM 	21 Private Use
22 Private Use	23 Painting 1-3 PM  Yoga 3PM Exercise 4:30PM	24 Last Breakfast 8 AM Camerall Club 9 AM	25 Pot Luck Lunch Noon 	26 Game Day 1-3 PM Yoga 3PM Exercise 4:30PM	27 Coffee & Tea 9-11AM 	28 Private Use
29 Private Use	30 <b>memorial DAY</b>  Civic Center Closed	31 Summer Youth Program begins				