

Civic Center Seniors

February 1, 2016

Volume 13 Issue 2

Regular Activities

- Senior Breakfast Tuesdays
- Coffee & Tea Fridays
- Digital Camera Club— Tuesdays
- Exercise— Monday, Tuesday and Thursday
- Pool Sharks Monday— Friday

Monthly Senior Activities

- Birthday Party— First Wednesday
- Lunch Trip— Second Wednesday
- Senior Trip— Third Wednesday
- Pot Luck Lunch— Last Wednesday

Happy Valentine's Day

During the month of February we will see Groundhog's Day, Mardi Gras Day, Ash Wednesday Valentine's Day, President's Day and this is a leap year so we

get an extra day. We need the extra day since we have so many things planned.

The civic center will be open President's Day, so there is no

worry that we won't be here. Check it out. I even have a party planned for you. Read on and see what we have in the pipeline for activities this month.

Chair Yoga

Everyone is enjoying the Chair Yoga on **Tuesdays at 4 PM.** Renee Williams leads us and the class is going well.

There is still time to join the group and work in your chair. She is working with us on balance and toning those mus-

cles. We are all having a good time and enjoying the class. Come try it out and let's do it together.

Monthly Birthday Party

The monthly Birthday party is so we can honor our members with a party offering cake, ice cream and snacks. There are always

games and presents just like days gone by. Many of us did not have a yearly party like the children today but I want us to make our

birthday our honoree's feel special. The party will be **February 3rd at 1:30.** Don't miss the fun and bring a friend.

Between the Lines Club Meets Again

I think this new craze of adult coloring is for us. We have tried it a couple of times and it was fun. I hope this event is a keeper.

I have some adult coloring books and the supplies we need. All I need is for you to come relax and socialize with me. Our

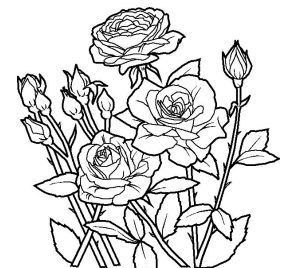
*"Between the Lines" club will meet on **February 11 and 25 from 1-3.** This is a fun way to spend an afternoon. Come see.*

First Come; First Served

The trip of the month will be a good one. We are heading to the Gulf Quest Maritime Museum in Mobile. The museum has been a long time coming and now we are going. The trip will be February 17 leaving at 9:00. This will be an all day trip and there is a restaurant in the building. The group rate is \$12 each and the bus ride will be \$3. Your lunch is on you. The bus will only hold 13 people so be one of the first to sign up to insure you have a spot. If you would rather, you can follow the bus and get in at the group rate.



Chair Yoga Monday's @ 4 PM



Civic Center Seniors

Lunch Bunch Trip



This month's lunch trip is to a new local restaurant called Chicken Salad Chicks. It is located on Hwy 98 in Daphne near Target. They have a good following and

this is somewhere we need to try. We will take our trip on **February 10th**, leaving the center at **10:30 AM**. Plan to join me for lunch that day. I hope to fill

the bus and have several of you meet us there. With 15 different chicken salads to choose from, there is something for every palate. Let's go.

Throw-Back-Thursday Games

The plan is on TBT we will have games again. February 4 from 9-11 AM will be our first session and February 18th from 1-3 PM will be the second. We will try both times and see which works best for

the group.

Come join the fun. You can bring your own game or I have a lot of different things to choose from. It is all for fun and fellowship so come ready

to play.

I usually have coffee and snacks. I like this event (especially when I win). Stop in and enjoy a morning and an afternoon with me.

National Leap Year Day

There are too many special days this month so I have chosen to have a National Leap Year Day Ice Cream Party. Why not.

I like to use any reason to have a party and Leap Day sounds like a good time. We will gather for the Ice Cream Party on **February**

29th at 1:30 and see what kind of trouble we can get into. Sign up so I will know how much Ice Cream I need.

February 23 we will enjoy **Breakfast Bingo** after we finish the meal. Plan to stay a while and hopefully win a prize.



Happy Birthday

- 2/5 Mildred Bertagnolli
- 2/7 Shirley Parker
- 2/8 Annette Stephens
- 2/11 Carl Bailey
- 2/13 Sandra Spicer
- 2/13 Louise Tyson
- 2/15 Frank Ganley
- 2/17 Gail Watson
- 2/22 Sandra Coogan
- 2/28 Buford Blackmon

Pot Luck Lunch

Our Pot Luck Lunch is going to be a treat for all of us. I can't wait for **February 24th at noon** to have lunch with you. Your home cooking is always good & if you want, try something new I don't mind being a taster. Plan to come.

Painters

I hope to see all my painters on Monday's in February. We enjoy the craft and each other. We meet up from 1-3 and paint up a storm. Come by and see what good work these folks do.

Coffee & Tea Again

Coffee and Tea is going well. Anyone that will come out in the winter weather is my kind of people. Every **Friday from 9-11 AM** is when we are enjoy a cup and conversation. It is a good time to share the happenings of the week.

City Rhythm Big Band

Our City Rhythm Big Band will have their **Valentine's Day** dance on **February 13th**. This is a good place to dance to the music or simply enjoy listening. These musicians love to play and do a wonderful job. They have become well known in the area and we are proud they call this their home.

Their entertainment starts at 7 O'clock and ends at 10. This would be a good place to bring your sweetheart or just come to spend an evening. The cost of the event is only \$7.00 (what a deal).

February 2016

Sunday

Monday








Tuesday

Wednesday

Thursday

Friday

Saturday

	<p>1 Planning Committee Meeting 10-11 AM</p> <p>Painting 1-3 PM</p>	<p>2 Breakfast 8 AM Camera Club 9 AM</p> <p>Beginner Yoga 4PM</p> <p>Ballroom Dance 7 PM</p>	<p>3 Birthday Party 1:30</p>	<p>4 Game Day 1-3 PM</p> <p>Exercise 5:45</p>	<p>5 Coffee & Tea 9-11 AM</p>	<p>6 Private Use</p> 
<p>7 Private Use</p>	<p>8 Painting 1-3 PM</p> 	<p>9 Breakfast 8 AM Camera Club 9 AM</p> <p>Yoga 4PM</p> <p>Ballroom Dance 7 PM</p>	<p>10 Lunch Bunch Trip</p>	<p>11 “Between the Lines Club“ 1-3 pm</p> <p>Exercise 5:45</p>	<p>12 Coffee & Tea 9-11AM</p>	<p>13 City Rhythm Big Band Valentine Dance 7-10 PM</p> 
<p>14 Valentine’s Day</p>  <p>Private Use</p>	<p>15 Painting 1-3 PM</p> 	<p>16 Breakfast 8 AM Cameral Club 9 AM</p> <p>Yoga 4PM</p> <p>Ballroom Dance 7 PM</p>	<p>17 Senior Trip</p> 	<p>18 Game Day 1-3 PM</p> <p>Exercise 5:45</p>	<p>19 Coffee & Tea 9-11AM</p>	<p>20 Private Use</p>
<p>21 Private Use</p>	<p>22 Painting 1-3 PM</p> 	<p>23 Breakfast 8 AM Breakfast Bingo Cameral Club 9 AM</p> <p>Yoga 4:00</p> <p>Ballroom Dance 7 PM</p>	<p>24 Pot Luck Lunch</p>	<p>25 “Between the Lines Club” 1-3 PM</p> <p>Red Hats</p> <p>Exercise 5:45</p>	<p>26 Coffee & Tea 9-11AM</p>	<p>27 Private Use</p>
<p>28 Private Use</p>	<p>29 Leap Year Day Ice Cream Party 1:30</p> <p>Painting 1-3 PM</p>					