2019 is Moving Along

OK so the new year is here and moving so let’s do the same. We have reflected on 2018, made resolutions for 2019 and we are now ready to enjoy the year. You know that February is our Valentines month so let’s enjoy being together with friends and loved ones. That’s my resolution and I’m sticking to it.

Breakfast News

We are all enjoying our Tuesday morning Breakfast. We begin our eating at 8AM. We enjoy each other’s company and catch up on the “news”. Come early and stay late. I want to know what is happening in your life too. The Camera Club has resumed their get together at 9AM. Check them out too.

Birthday Party

Our monthly celebration will be **February 6th at 1:30** for our Birthday Party. Come enjoy Ice Cream and Cake and see what else is in store for you. Our first party of the year was a great one. Let’s keep showing our birthday folks some love. It’s always fun.

Valentine’s Day Special

Every year I like to do something special for you on Valentine’s Day. This year we are celebrating on **February 13th** with a pizza party. You know me, I love to party. Plan to be here to eat at 12 noon and we’ll have some party games after the food.

Managing your Money

Jake Wallace with Morgan Stanley will be here on February 7th @ 10 AM to explore your relationship with money. We will learn to understand how our emotions about money affect the decisions we make. This can help alleviate financial stress so you can focus on managing your wealth to achieve your goals. Let’s learn how to deal with our money matters and be comfortable with our decisions. The meeting will only last about an hour and we could learn a lot.

Senior Lunch Trip

Our hunt for good food will start with a trip to Mobile’s Golden Corral. We will leave the center at **10 AM on February 20th**, get there and eat at 11’ish and head back to the house. Hopefully it will be a beautiful day and the drive will be an enjoyable one.
**Pot Luck Lunch**

My favorite activity is Pot Luck Lunch. **February 27th** will be the date and 12 noon will be the time. Plan to bring a dish and a friend and let’s enjoy lunch with the group. We’ll be in Mardi Gras season so if you want to dress for the occasion, feel free.

**Yoga is back**

Barbara Lovell is leading Chair Yoga on Monday and Thursdays. They work out from 3-4PM and the group has grown. Now that the Spring is in sight, we are working on getting back into shape. Join the process.

**Coffee & Tea with Me**

We enjoy coffee, tea and snacks each **Friday from 9-11**. It is really good to be back and enjoying each others company. Come join the group and be a part of the fellowship.

**Games are a must**

There are 8-10 folks that love games and are here for Chicken Foot dominoes. It is a fun game and easy to learn. Come join us and see if you like it. If you don’t, we can find something you would like to play. Thursdays from 1-3 (or later) is the time we meet.

**There is an Artist Within Each of Us**

There is artistic ability in all of us, we just have to find it. While none of us are trained but we still enjoy trying to paint a picture that looks like the example we are painting from. Come see if you would enjoy being with us. Monday from 1-3.

**Camera Club**

The members of the camera club love their cameras and photos. They love to share the knowledge they have with others and visiting with each other is a favorite pastime. Tuesdays at 9 AM is when they meet. Come see for yourself.

**Valentines Luncheon Hosted by Robertsdale Seniors**

We are invited to a Valentine's Day Luncheon at Robertsdale’s PZK Facility. It will be hosted by the Robertsdale Senior Center. I will take the bus for anyone wishing to go. Please sign up to reserve your seat. The lunch will be from 11-1 on February 14. Let’s go!

**A Message from me**

Our new year has started off really good. You have been great about participating with our events. We had one of the best attended birthday parties we have had in a long time. Y’all are coming to breakfast and it does my heart good to see everyone lingering to fellowship with each other. It’s like we like each other. Keep up the good work especially since the month of February will be weather challenged.   

Love you all,   
Beryl
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Tina Harris  964-7733
Beryl Allen  964-4995