



Senior Activities

- Birthday Party
- Lunch Trip
- Senior Trip
- Pot Luck Lunch
- Yoga
- Breakfast
- Painting
- Games
- Coffee & Tea

New Beginnings

February is a busy month. We have Valentine's Day on the 14th, President's Day on the 17th and Marti Gras on the 25th. While these dates are not holidays for the Center we still enjoy being with you..

Several members of our group will be cruising the first week of the month and we look forward to hear about their trip. I have a couple of things that will be new and different so read on to discover what is happening.

Breakfast Is important

Breakfast is a time were we can all get together and enjoy the fellowship and food. We are able share what is happening in our lives and find out what is going on around us. See it's not all about the food. Plan to come every Tuesday and enjoy the fellowship and get to know your neighbors. We eat at 8 AM.

Birthdays are Important too

Our monthly Birthday Party will be **February 5th at 1:30**. Come enjoy Ice Cream and Cake and see what else is in store for you. Our first party of the year was a great one. Let's keep showing our birthday folks some love. It's always fun.

Sweets for the Sweet

Our Valentine celebration will be a Sweet Party. We will get together on February 12 for deserts. The party will be at 1:30 PM and you can come enjoy cake, pie and other sweets. There will be some entertainment but lots of fun. Sign up today so I can prepare.

And Then....

Sign up at the same time for a trip to Robertsdale's Valentine's Luncheon. We will take the bus to enjoy the day with them. The event starts at 11 AM on the 14th. I need to let them know how many of us are coming on the 7th so let me know even if you are not riding the bus.



January Birthdays

- 2/3 John Prochaska
- 2/3 Shirley Parker
- 2/13 Sandra Spricer
- 2/13 Louise Tyson
- 2/15 Frank Ganley
- 2/28 Buford Blackmon

Lunch Trip

We all love to eat and our next outing will be to Wayne's Diner. We always liked their food and they offer daily lunch specials. We will head to Pensacola on February 19th leaving the Center at 10 AM and we should get there in time to beat the noon lunch crowd.

Pot Luck Lunch is Back

We will continue with our Pot Luck Lunch on February 26th. This is where I get to try your cooking. We combine all our efforts and end up with a delicious meal. Not only do we get to eat but we seem to laugh a lot at these meetings. Come, bring a dish and enjoy.

Looking for more?

Our regular activities are still going on with a new one added. Check it out.

- Monday and Thursday will be **Yoga**, with Barbara Lovell from 3-4 PM. There will be no exercise on February 6 and 20; court is held on those days.
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- Thursday is **Painting** with Jean Gambrill at 9-11 AM
- Thursday is also **Game Day** from 1:00 PM until we quit unless we have court (the 6th and 20th) and then we leave at 3:00.
- Friday is our **Coffee & Tea Day**. We enjoy each other from 9:00—11:00. We will cut it short on the 14th to go Robertsdale.
- The **Camera club** will be back enjoying their visits after Breakfast There is always tales to tell at their sessions.
- Our **DAV** friends will be back at the first breakfast of each month for their meetings. We are very appreciative of their work and service to our country and each other.
- **Breakfast Bingo** will be held on February 18th. Hang around and play a game or two. You might even get to yell "**BINGO**"

A Message from me

During the month of February, we need to let the ones we love and care for know what they mean to us. I am here to tell you that I enjoy being a part of your life and enjoy our time together. I hope you feel the same.

Al is recouping well and we are so thankful he is not having any issues. Dad is doing well and enjoys seeing you guys as often as he can make it. This month we get to celebrate his birthday. I am thrilled to be back in the swing of our activities and we are having some good participation. Keep up the good work.

If you have any suggestions, please let me know your ideas and we'll see if it will work with our schedule.











Love Y'all, Beryl

We're on the
web.
Townofloxley.
org

Join
the
Fun

February 2020

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

						1 Private Use
2 Private Use	3 Yoga 3 PM 	4 Breakfast 8AM Camera Club 9 AM DAV 9 AM	5 Birthday Party 1:30 	6 Game Day 1-3 PM Court	7 Coffee & Tea 9-11 AM 	8 Private Use
9 Private Use	10 Yoga 3 PM	11 Breakfast 8AM Camera Club 9 AM	12 Sweets for the Sweet 1:30 	13 Game Day 1-? PM Yoga 3 PM 	14 Coffee & Tea 9-11AM Robertsdale's Valentine's Day Luncheon 11:00AM	15 Private Use
16 Private Use	17 Yoga 3 PM 	18 Breakfast 8AM Breakfast Bingo Camera Club 9 AM	19 Lunch Trip @10AM to Wayne's Diner	20 Game Day 1-3 PM Court	21 Coffee & Tea 9-11AM 	22 Private Use City Rhythm Big Band
23 Private Use	24 Yoga 3 PM 	25 Breakfast 8AM Camera Club 9 AM 	26 Pot Luck Lunch Noon	27 Game Day 1-? PM Yoga 3 PM	28 Coffee & Tea 9-11AM 	29